

Worm Hotel

What you will need: Potting soil, leaves, chopped produce scraps (worms have tiny mouths), plastic cylinder or tennis ball can and lid (poke holes in lid), piece of dark colored construction paper taped into a cylinder that can slide over the plastic cylinder, a dozen to 20 worms.



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Directions:

- Keep your worms in a dark cool place
- Check on your worms daily and observe their activity. Remember to always keep them covered in their dark paper cylinder blanket.
- In about 2 weeks, observe how the worms change the contents of their “hotel” into real compost . . . and then use it in your garden to provide nutrients to your plants.
- You can do this all over again and make more nutrient rich soil.

Worm Food	Not Worm Food
Raw or cooked vegetables and fruit	Milk
Bread	Meat
Raw or cooked grain	Cheese
Tea bags	Yogurt
Paper napkins	Salad Dressing
Eggshells	Butter
Citrus peelings (in moderations)	Vegetable or Olive Oils
	Egg Yolk or White

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